

Safe Medication Disposal

Prescription medication plays an important role in treating certain conditions. Unused or expired medications should be properly disposed of to avoid harm. For example, pain medication (opioids) can be very effective for treating pain, but prolonged use or misuse can lead to addiction, accidental poisoning or overdose.



900,000

Americans misuse prescription stimulants every month



25%

of teens report taking prescription medications from family without permission



4.9 million

people who misused opioids obtained them from a friend, relative or home medicine cabinet

Proper disposal of unused medications saves lives.

O'BRIEN COUNTY

Safe Home Disposal

Medication disposal packets are available at your local pharmacy to support safe disposal of unused medications at home. Scan the QR codes for instructional videos!

DisposeRx®

- 1) Remove prescription label, open bottle and fill 2/3 with water.
- 2) Empty packet of DisposeRx® into the bottle, replace cap.
- 3) Shake for 30 seconds then throw bottle in trash.



<https://disposerx.com/page/5/product-and-program#video> (Link)

Deterra® Drug Deactivation System

- 1) Pour medication in Deterra® pouch and fill 1/2 with water.
- 2) Wait 30 seconds, seal, shake and dispose in trash.



<https://deterasystem.com/resources/videos/> (Link)

Drop-Off Locations

You can safely dispose of unused or expired medications locally at one of the permanent drug disposal drop-off locations below.

+ Hartley Hometown Pharmacy

130 3rd St NE
Hartley, IA 51346
712-928-7070

+ Lewis Family Drug #52

610 Park St
Sheldon, IA 51201
712-324-4331

+ Thrifty White Pharmacy #077

127 N Main St
Paullina, IA 51046
712-949-3490

+ Hy-Vee Pharmacy #1573

1989 Park St
Sheldon, IA 51201
712-324-0020

+ Sanford Sheldon Medical Center

118 N 7th Ave
Sheldon, IA 51201
712-324-5041