



Amy's Coordinated Care Story

Each year 13,000 Iowans are diagnosed with diabetes.
Access to healthy food is important to their self-care.
People just want to be healthy.

AMY AT HER CLINIC



When talking with her provider about her diabetes Amy commented she was not able to get enough fresh food.

Clinic staff talked with her about her needs. They contacted her community based care coordinator and referred her to the local food pantry.

AMY VISITS THE COMMUNITY FOOD PANTRY



She found a variety of healthy fresh food. At home she was able to prepare meals that were better for her family.

AMY AT HOME



After the first week of eating better, Amy's blood sugars improved. Her family was happy and relieved. Amy talked with her community based care coordinator about her improvements.

Care management, when delivered collaboratively by health partners, will improve outcomes for everyone: patients, providers, payers and communities.

Amy's Story is a composite of real people in Iowa coordinating their lives to stay healthy.

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