WHAT IF I CHANGE MY MIND?

• The IPOST can be changed or voided at any time.
• Talk with your health care provider at any time if you want to make changes to your IPOST.
• This is a process that can be reviewed and changed at any time.

WHERE DO I KEEP MY IPOST FORM?

• The IPOST form goes where you go - at home, the hospital, or long-term care facility.
• At home - keep on refrigerator. EMS personnel are trained to look for it there.
• At health care facilities it’s kept on the medical chart. The IPOST form will travel with you.

To learn more…

Ask your health care provider.

You can also visit

http://www.idph.state.ia.us/IPOST/

Or


Or

http://www.polst.org/

Brochure Developed & Sponsored by the:

Muscatine Community Health Association

“I POST
Iowa Physician Orders for Scope of Treatment
A way to make your own choices about your end of life medical care.

“The Muscatine Community Health Association is committed to serving as a positive and responsive community forum to identify, encourage, assist, advocate, educate, initiate, and facilitate discussion of health related needs, issues, concerns, and solutions that make the greater Muscatine area the healthiest community possible.”

June 2013
IPOST: What is it?
- IPOST stands for Iowa Physician Orders for Scope of Treatment. It directs your care in a medical crisis.
- IPOST is a recognizable and standardized form that gives people control over the treatments they want.

Is it required?
- No. Completing the IPOST is always voluntary.

Why have an IPOST form?
- You can lift a burden from those you love by completing an Advance Directive and IPOST form.
- When seriously ill, an IPOST offers you and your loved ones assurance that you will receive the treatments you want.
- You can also direct what treatments you do not want to have.

How is it used?
- In a medical situation, IPOST directs emergency staff, such as First Responders, EMTs, Paramedics, and Physicians to the type of care you do or do not want.
- IPOST orders show what treatments you want now, in your current state of health.

IPOST Overview
- IPOST form belongs to the patient.
- IPOST form is a medical order, recognized statewide.
- IPOST can be completed by any individual, regardless of age, who has a chronic or serious medical condition or who is frail and elderly.

Who completes and signs the IPOST form?
- You and your health care provider will talk about choices you have. Together, you will complete your IPOST form. A physician, nurse practitioner, or physician assistant must sign the IPOST form.
- You may discuss your wishes with a social worker, nurse or trained facilitator who will help you complete the form and then have it signed later by your health care provider.
- If you are unable to speak for yourself, your health care agent or representative can speak on your behalf.

IPOST asks for information about:
- Your preference for CPR
- Medical conditions
- The use of antibiotics
- Artificially administered fluids and nutrition (tube feeding)