Program Overview
The IHC Opioid Symposium will bring together healthcare professionals from across the care continuum to create discussion around addressing the opioid epidemic. Best practices will be shared and discussed to increase the knowledge of those in attendance.

Target Audience
Physicians, nurses, pharmacists, health coaches, care coordinators, risk managers, quality assurance professionals, case managers, long-term care, home healthcare providers and other clinicians who are addressing the opioid epidemic in their community.

Program Agenda

8:00 AM  Registration

8:30 AM  Welcome & Introduction
Tom Evans, MD, President and CEO, Iowa Healthcare Collaborative, Des Moines

In recent years the misuse of opioids has become a substantial issue throughout the United States. Data shows that rural areas of the country are significantly affected by opioid misuse. As a result, opioids have become a major area of focus for many healthcare organizations and communities throughout Iowa. Dr. Evans will introduce several topics and resources to frame the symposium, including: Medication Assisted Treatment (MAT), efforts made by the Centers for Medicare & Medicaid Services (CMS) to address the crisis and resources available through the Iowa Healthcare Collaborative.

• Explain MAT and the importance of MAT in the primary care, emergency department and outpatient settings.
• Review the Medication Management and Opioid (MMO) Initiative and Pledge.
• Review the IHC Comfort Resources and the value positive framing brings to the treatment of pain.

9:00 AM  Screening and More for Substance Use and Opioid Misuse
Monica Wilke-Brown, LMSW, Opioid State Targeted Response Project Director, Iowa Department of Public Health, Des Moines

The process of screenings, brief interventions and referrals to treatment (SBIRT) can be tailored to various healthcare settings and provide identification and treatment of risky substance use, including opioids. This session will review the SBIRT process, the benefits of implementation in the healthcare continuum and how to successfully implement this process into different clinical and community settings.

• Identify the benefits of SBIRT.
• Describe the process of SBIRT in various healthcare environments.
• Identify key elements for successful implementation of SBIRT.

10:00 AM  Networking Break
10:10 AM  All, None or Just a Little. Perspectives for Care Providers Treating At-Risk Individuals

Joan Kitten, PMHNP-BC, FNP-BC, Unity Point Berryhill Center, Fort Dodge

Identifying and treating patients with both substance use disorder and mental health (dual diagnosis) has not been well established in the current healthcare system. The primary focus of this session will be on substance concerns of patients with mental health diagnoses, barriers to care and individual successes. Techniques such as motivational interviewing to successfully treat these patients will be reviewed.

- Identify barriers to treatment for patients at risk for substance misuse.
- Discuss unique healthcare concerns for patients with mental health diagnoses.
- Describe health promoting strategies for persons with a dual diagnosis of mental health and substance related concerns.

11:10 AM  Medication Assisted Treatment – What You Need to Know

Andrea Storjohann, RN-CADC, Pain Management and MAT Coordinator, Primary Health Care, Marshalltown

Medication Assisted Treatment (MAT) is an integral part of treating opioid use disorder. Prescribers in primary care, emergency departments and other outpatient settings can assist in caring for patients with opioid use disorder. This session will review the DEA X waiver and requirements and the implications of MAT medications including Suboxone and Naltrexone. Tips for the implementation of a MAT program in your organization will be provided.

- Recognize symptoms of opioid dependence and opioid use disorder (OUD).
- Identify medications used for OUD and implications for use.
- Discuss the overview of MAT implementation and programming.
- Describe the DEA X waiver requirements and implications of MAT medications.

12:10 PM  Lunch and Networking

1:15 PM  Patient and Family Impact

Shannon Kaster, BSW, Motivational Speaker and DIY Extraordinaire, Des Moines

Patients and families may not be aware of the resources available to assist with substance use disorder. During this session Shannon Kaster will share her journey through drug addiction and reflect on how addiction has, and continues to, impact her life. Resources toward the path of recovery will be explored. Facilitated dialog and discussion are welcomed during this session to enhance learning.

- Describe the personal journey of addiction.
- Discuss how addiction has impacted a patient’s life.
- Explain resources available for patients looking for treatment and recovery.

2:15 PM  Networking Break

2:30 PM  Community Approach to Fight Addiction

Malissa Sprenger, MS, IAADC, Coordinator, Mercy Turning Point Treatment Center, Dubuque and Rebecca Brannan, PharmD, BCPS, Pain Specialist, Mercy Medical Center, Des Moines

Communities throughout Iowa have the ability to make a substantial impact on a variety of aspects related to opioids, including behavioral and mental health, treatment for substance use disorders, as well as providing assistance to individuals experiencing additional problems because of substance misuse. Our panel of experts will discuss how communities can work to fight addiction and assist those affected by substance misuse.

- Discuss barriers and resources to address the opioid epidemic and addiction in communities throughout Iowa.
- Determine the quantitative impact that efforts in the community have had, or could have, on substance use and addiction.
- Discuss lessons learned from community efforts and actions.
3:30 PM  Call to Action
Sarah Derr, PharmD, Medication Management Lead, Iowa Healthcare Collaborative, Des Moines

To wrap up the symposium an overview of lessons learned throughout the summit will be reviewed. Participants will leave with action steps they can put into practice upon returning to their organization.

- Review lessons learned throughout the summit with a focus on MAT, MMO pledge and comfort resources.
- Propose a call to action for all providers and healthcare team members.

3:45 PM  Adjourn

Register Online
https://www.ihconline.org/additional-tools/events/opioid-symposium/

Speaker Biographies

Rebecca Brannan, PharmD, BCPS, is a pharmacist specialist at Mercy Medical Center practicing in pain management. She received a bachelor’s degree in pharmacy from the University of Colorado and a Doctor of Pharmacy degree from the University of Iowa. She also completed an Outcomes Research Fellowship at the University of Nebraska Medical Center in Omaha. She is board certified in pharmacotherapy. Brannan has practiced hospital pharmacy in both pediatric and adult medicine for 25 years; she was the clinical pharmacy manager and director of the pharmacy residency program at Mercy Medical Center in Des Moines.

Sarah Derr, PharmD, is the medication management lead with the Iowa Healthcare Collaborative. She contributes to operations and initiatives aimed at medication safety and effectiveness in healthcare. She has an array of experiences across the healthcare spectrum including long-term care, inpatient, ambulatory care, toxicology and policy and advocacy. Dr. Derr completed a PharmD at the University of Minnesota, College of Pharmacy and a one-year ambulatory care residency at Fairview Health Services where she worked with patients and prescribers to manage multiple chronic conditions. Dr. Derr completed a fellowship at the Iowa Pharmacy Association.

Tom Evans, MD, is president and CEO of the Iowa Healthcare Collaborative. He practiced family medicine for 13 years and served as chief medical officer for UnityPoint Health. Dr. Evans has served on the board for the National Patient Safety Foundation and on the delegations for both the American Medical Association and the American Academy of Family Physicians. He served as president of both the Iowa Medical Society and the Iowa Academy of Family Physicians. Dr. Evans is a faculty member with the Institute for Healthcare Improvement, the College of Medicine at Des Moines University and the College of Public Health at the University of Iowa.

Shannon Kaster, BSW, inspires hope in others by sharing her life-long struggle with addiction, homelessness and damaged relationships along the way. She has three years of experience sharing her journey to recovery with other others, working as a certified mental health peer support specialist. Through her work, she is able to establish solid connections with clients using vivid storytelling and passionate perseverance.

Joan Kitten, PMHNP-BC, FNP-BC, practices in the integrated care arena at Berryhill Mental Health Center in Fort Dodge, providing primary care. She is a prescriber for the ACT program. Kitten earned her bachelor’s degree in nursing from the University of Iowa, her master’s degree from the University of Oklahoma and her post-master’s certificate from Allen College. She is a former associate professor at the University of Oklahoma and Allen College Nurse Practitioner programs.
Malissa Sprenger, MS, IADDC, is the coordinator of Mercy Turning Point Treatment Center, including Medication Assisted Treatment Services and the clinical opioid lead for Mercy Medical Center-Dubuque. She received her master’s degree in clinical psychology in 1995. She holds an International Advanced Alcohol and Drug Counselor certification. For the past twenty-two years, she has worked with adolescent and adult patients presenting with multi-occurring conditions. Sprenger serves on the Iowa Board of Certification Advisory Council. She is a member of Chemical Dependency Treatment Providers of Iowa.

Andrea Storjohann, RN, CADC, is a medication-assisted treatment (MAT) coordinator and pain management nurse who works with Primary Health and partners with the Substance Abuse Treatment Unit of Central Iowa in Marshalltown. She coordinates with treatment centers across the state ensuring MAT clients have access and meet their substance abuse requirements. Storjohann has spent more than ten years in healthcare, the last 5 years dealing directly with pain management, opiates and addiction. She understands the impact substance use and dependence has on the community, individual and family. She is a registered nurse and a Certified Alcohol Drug Counselor.

Monica Wilke-Brown, LMSW, is the project director for the Opioid State Targeted Response (STR) at the Iowa Department of Public Health. She led the Screening, Brief Intervention and Referral to Treatment (SBIRT) grant, which integrated substance use screenings into primary care medical services. She assists projects on medication assisted treatment, county substance abuse prevention and child protection centers. Her prior experiences include volunteering for the Peace Corps, drug and violence prevention services, work with international students and immigrant groups and non-profit management. She completed her bachelors’ degree at Loras College in Dubuque and her master’s degree at Washington University in St. Louis.

Registration
Register online at https://www.ihconline.org/additional-tools/events/opioid-symposium/

Registration Fees
Individual – $0.00

Program Location
Holiday Inn and Suites – West Des Moines Jordan Creek
6075 Mills Civic Prkwy
West Des Moines, IA 50266

Lodging
A discounted guest room rate has been secured at the Holiday Inn and Suites Jordan Creek in West Des Moines for $159.00 plus tax per night. Reservations can be made by calling 515-309-3900 and referencing the Iowa Healthcare Collaborative room block. In order to receive the discounted rate reservations must be made before July 6, 2018.

Program Notes
Dress for the conference is business casual. Layered clothing is recommended for your comfort.

Continuing Education
Nursing: 5.5 Nursing Contact Hours will be awarded for this conference by IHA Iowa Board of Nursing provider #4. Note: Iowa Nursing Contact Hours will not be issued unless your Iowa license number is provided on the certificate completed the day of the conference.

NOTE: To receive Nursing Contact Hours or a certificate of attendance, you must attend the entire conference. No partial credit will be granted.

Pharmacy Credit: This program has been approved for 5.75 CPE contact hours. CEI is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.
Physician Credit
DO: Des Moines University (DMU) is accredited by the American Osteopathic Association (AOA) to provide osteopathic continuing medical education for physicians. DMU designates this program for a maximum of 5.75 AOA Category 2-A credits and will report CME and specialty credits commensurate with the extent of the physician’s participation in this activity.

MD: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Iowa Medical Society (IMS) through the joint providership of Des Moines University (DMU) and the Iowa Healthcare Collaborative. DMU is accredited by IMS to provide continuing medical education for physicians. DMU designates this live activity for a maximum of 5.75 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other: This live activity is designated for 5.75 AMA PRA Category 1 Credit(s)™.

Everyone in a position to control the content of this educational activity will disclose to the CME provider and to attendees all relevant financial relationships with any commercial interest. They will also disclose if any pharmaceuticals or medical procedures and devices discussed are investigational or unapproved for use by the U.S. Food and Drug Administration (FDA). Determination of educational content and the selection of speakers is the responsibility of the activity director. Firms providing financial support did not have input in these areas. The information provided at this CME activity is for continuing education purposes only and is not meant to substitute for the independent medical judgment of a healthcare provider relative to diagnostic and treatment options of a specific patient’s medical condition. The content of each presentation does not necessarily reflect the views of Des Moines University.

Educational Grants: No commercial interest provided financial support for this continuing education activity.

Pharmacy Credit: This program has been approved for 5.75 CPE contact hours. CEI is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

Certificate of Attendance: Continuing Education Certificates for proof of attendance can be printed after completion of the evaluation that will be emailed after the conference. Some national, state, and local licensing boards and professional organizations will grant continuing education credits for attendance when you submit the course outline and your certificate of attendance. IHC recommends you keep a copy of the onsite agenda and contact your own board or certification organization to find out what is required.

Handout Information
This is a paperless conference. You will be notified via email when the handouts are available online, with a direct link to access the files. Paper copies of handouts will not be available onsite at the conference.

Dietary Restrictions
If you have any dietary restrictions or allergies, please contact Megan Wilshusen at wilshusenm@ihconline.org.

Registration/Cancellation Policy
IHC reserves the right to cancel the conference due to insufficient enrollment, in which case pre-registered participants will be notified and full refunds provided.

ADA Policy
IHC does not discriminate in its educational programs on the basis of race, religion, color, sex or handicap. IHC wishes to ensure no individual with a disability is excluded, denied services or segregated or otherwise treated differently than other individuals because of the absence of auxiliary aids and services. If you need any of the auxiliary aids or services identified in the Americans with Disabilities Act in order to attend this conference, please call 515-283-9330 or write to the Department of Education at IHC.

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