Choosing Wisely Pre-Project Survey

1. How often do patients ask for a test or procedure that you think is unnecessary?

   Everyday
   Several times a week
   About once a week
   A couple of times a month
   Less often than once a month

2. When patients ask for a test or procedure that you feel is unnecessary, how often do you talk to them about why they should not have the test or procedure?

   Always or almost always
   Often
   About half the time
   Not too often
   Rarely or never

3. When you talk to patients about unnecessary tests or procedures, how often do patients follow your advice? That is, how often do patients agree to avoid the unnecessary test or procedure?

   Always or almost always
   Often
   About half the time
   Not too often
   Rarely or never

4. Let’s say a patient came to you convinced he or she needed a specific test. You knew the test was unnecessary, but the patient was quite insistent. Would you:

   Order the test
   Order the test, but give reasons why you advise against it
   Refuse to order the test
For each of the following, please indicate if it is a major, minor, or not a barrier for talking to patients about avoiding an unnecessary test or procedure?

Major barrier
Minor barrier
Not a barrier

5. Time for meaningful discussion
6. Liability issues
7. Keeping my patients happy

8. How comfortable do you feel talking to patients about why they should avoid an unnecessary test or procedure?

Very comfortable
Somewhat comfortable
Not too comfortable
Not at all comfortable

9. How often do you talk with your patients about the costs of tests and procedures?

Always or almost always
Often
About half the time
Not too often
Rarely or never

10. How much responsibility do you feel you have for making sure your patients avoid unnecessary tests and procedures?

A great deal of responsibility
Some responsibility
Not much responsibility
No responsibility

11. In the past 12 months, have you reduced recommending a test or procedure to patients because you learned it was unnecessary?

Yes
No

12. As you may know, the Choosing Wisely campaign is an initiative of the ABIM Foundation to help physicians and patients talk about unnecessary tests and procedures, and make smart and effective
choices. The Choosing Wisely campaign has worked with medical specialty societies to create lists of evidence-based recommendations around tests and procedures. For example, the American Academy of Family Physicians recommended against prescribing antibiotics for acute mild-to-moderate sinusitis unless symptoms last for seven or more days. Is the Choosing Wisely campaign something you have seen or heard about?

Yes
No
I’m not sure

13. Have you seen any of the Choosing Wisely materials about when a test or procedure is necessary or unnecessary?

Yes
No
I’m not sure

14. IF YES: How helpful have these materials been for you?

Very helpful
Somewhat helpful
Not too helpful
Not at all helpful

15. How valuable do you feel the Choosing Wisely campaign is in helping physicians talk to patients about unnecessary tests and procedures?

Very valuable
Somewhat valuable
Not too valuable
Not at all valuable

16. Of all tests and procedures that you order, what proportion do you feel are unnecessary?

Almost none
Between 1% to 10%
Between 11% and 20%
Between 21% and 30%
Between 31% and 50%
More than 50%
For each of the following, please indicate if it is a major, minor, or not a factor driving your ordering of tests or procedures that you believe are unnecessary.

   Major factor
   Minor factor
   Not a factor

17. A patient demands the test
18. Expectations of how I should practice by medical group/peers
19. Expectations of specialists to whom I am referring
20. A guideline encourages the use of the test
21. No or limited access to patients’ medical history
22. No or limited access to informal communications with peers/specialties (i.e., curbside consults)
23. No established relationship with the patient
24. Other (please describe):

25. Please share any other comments you may have about the Choosing Wisely initiative or the use of unnecessary tests and procedures.

Demographics

- Type of practice
  - Primary care practice
  - Non-primary care practice

- Approximately how many physicians (including you) work for your organization (including all clinic locations)?
  - 1 (just you)
  - 2-4
  - 5-9
  - 10-24
  - 25-49
  - 50-74
  - 75-99
  - More than 100
- Gender
  - Male
  - Female

- Age
  - Younger than 35
  - 36-45
  - 46-55
  - 56-65
  - Older than 65

- Years in practice
  - Less than 5
  - 5-15
  - 16-25
  - More than 25

- Average number of patients seen in a week
  - Less than 20
  - 21-30
  - 31-40
  - 41-50
  - More than 50